



# AnchorFast Oral Endotracheal Tube Fastener

## Introduction

This is a skills checklist for the application and routine care of the AnchorFast oral endotracheal tube fastener. The AnchorFast tube fastener secures oral endotracheal tubes ranging in size from 5 to 10 mm diameter. The suitability of the oral endotracheal tube fastener must be assessed for each patient. Refer to entire Instructions for Use for detailed information.

Date Completed	Name	Employee Number	Dept.
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Criteria (Refer to Instructions for Use for detailed information)	Eval Method*	Completed
<b>Prepare the Skin and Apply the Fastener</b>		
1. Skin should be clean, dry, and free of oily residue		
2. Do not use Skin Gel Wipes or other brands of skin preps with this device		
3. Remove the release liners from the two skin barriers		
4. Center the device on the upper lip, so the lip stabilizer touches the skin (do not apply pressure). Press barriers on the skin and hold in place for 30 seconds.		
<b>Apply the Neck Band and Secure the Tube</b>		
1. Secure the neck band using the plastic loop closures. Do not over tighten. Allow two fingers width between the neck band and the back of the patient's head.		
2. Squeeze the tabs on the sides of the shuttle and move the clamp until it is over the ET tube		
3. Make sure the ET tube is dry, and remove the release liner from the strap and wrap it tightly around the tube. Secure the strap by snapping the clamp shut (an audible click will be heard)		
<b>Routine Care</b>		
1. Reposition the tube by squeezing the tabs on the outer edges and moving in either direction along the track. Reposition every two hours <sup>1,2</sup> or more often as patient condition dictates, to minimize the risk of injury to the skin and/or lips from unrelieved pressure		

(Continued)

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Routine Care (Continued)		
2. Inspect the patient's lips and skin every two hours or more frequently, and discontinue use of the device if redness or skin irritation occurs		
3. Check the patient frequently to ensure that both the AnchorFast device and the ET tube are secure and correctly positioned. REMINDER: Take precaution that repeated adjustment of the ET tube in a distal or proximal direction may affect the performance of the adhesive strap		
Removal		
1. Release the clamp holding the flexible strap in place		
2. Unwrap the adhesive strap from around the tube		
3. Release the neck band by unfastening the hook and loop closures		
4. Remove the skin barriers by gently peeling them away from the patient's skin		

\*Evaluation Method: (L) return demos live in class or skill lab, (O) observation in worksetting, (CR) chart review, (V) verbalizes information, (R) read only – not performed – for information, (NA) not applicable.

Reviewed by (signature) \_\_\_\_\_.

**References**

1. Pieper, Barbara. "Mechanical Forces: Pressure, Shear, and Friction." Chapter 12 in *Acute & Chronic Wounds: Nursing Management*, 3rd ed., ed. Ruth A. Bryant & Denise P. Nix. (St. Louis: Mosby, Inc., 2007).
2. Panel for the Prediction and Prevention of Pressure Ulcers in Adults. "Pressure Ulcers in Adults: Prediction and Prevention." *Clinical Practice Guidelines*, Number 3. AHCPR Publication No. 92-0047. (Rockville, MD: Agency for Health Care Policy and Research, Public Health Service, U.S. Department of Health and Human Services. May 1992.)

**CAUTION:** Federal (USA) law restricts this device to sale by or on the order of a physician. Prior to use of the AnchorFast Oral Endotracheal Tube Fastener, be sure to read the entire product instructions for use packet insert that accompanies the product.

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