# New Image Two-Piece Pouching System

# **Ostomy Care Tips**

# How to apply skin barrier and pouch

## **Collect Supplies**

- Skin barrier, pouch, gauze or tissue, water.
- Other supplies which *may* be needed include: scissors, pen, measuring guide, **Adapt** paste or skin barrier ring.

#### Prepare the skin barrier and pouch

#### For a **cut-to-fit skin barrier**:

- Draw the pattern of the stoma onto the backing of the skin barrier.

  If you know your stoma size, identify the correct circle on the cutting guide.
- Cut the skin barrier to the correct size.
- If using a drainable pouch, apply pouch clamp or close Lock 'n Roll closure (see other side) as applicable.
- If using a urostomy pouch, make sure the urostomy valve is in the closed position. The teardrop indicator should face your body.
- Remove and discard the backing from the skin barrier.
- If required apply Adapt Paste or Adapt Barrier Ring to sticky side of skin barrier next to stoma opening.

## Remove used pouching system

- Gently peel the adhesive away from the skin, beginning at the top and working downward.
- Properly dispose of used pouch and barrier. Do not flush down the toilet.
   Disposal bags are provided with the New Image pouches for convenient disposal.

#### Clean and dry your skin thoroughly

#### Apply the new pouching system

- Centre opening of the skin barrier over the stoma.
- Apply barrier and gently press until it is touching the skin at all points (Figure 1).
- Attach pouch to skin barrier by engaging the lower edges of the pouch flange and skin barrier flange (Figure 2).
- Press the two flanges together. A series of "clicks" will confirm you are doing it correctly (Figure 3). No more "clicks" means the pouch is secured.
- Gently press the barrier against your skin for about 30 seconds (heat and pressure help activate the adhesive).

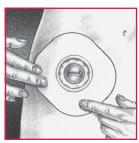


Figure 1

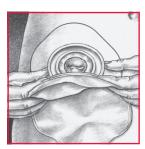


Figure 2



Figure 3



#### **Guidelines**

- Empty pouch when 1/3 full of discharge or gas. Do not allow the pouch to overfill.
- If leakage occurs, do not reinforce with tape. Change the pouch and skin barrier.
- Change pouch every \_\_\_ days (as recommended by your Stomal Therapy Nurse).
- For more information, refer to the New Image instructions in the skin barrier box.
- If you have any questions regarding your care, contact your Stomal Therapy Nurse or healthcare professional at:

#### **List of Products**

Products	Stock No.	Size	
New Image Two-Piece Skin Barrier			
New Image Two-Piece Skin Pouch			_
Other Products			

#### **Additional Instructions**

#### Using the newly designed Lock 'n Roll Microseal Closure



Figure 1



Figure 2



Figure 3



Figure 4



Figure 5



Figure 6

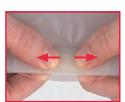


Figure 7

**Opening:** Lift from the center of the transparent flap (fig 1).

**Draining:** Position fingers on both sides of the pouch tail, between the ribbed strips, and squeeze from the sides (fig 2). Continue to hold the pouch open for cleaning (fig 3). **Cleaning:** Clean and dry the inside of the pouch tail (fig 4). Wipe the outside edge of the pouch tail (fig 5).

**Closing:** Roll the pouch tail tightly. Extend the transparent flap as far as it will reach when closing (fig 6). To close, start at the center and press. Continue pressing to the outer edges. You will feel the fasteners seal together (fig 7).

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